



If you feel resistance when you say: "I choose" replace it with: "I am open"

- I choose to stand in my power
- I choose to stand in my greatness
- I choose to stand in my feminine energy and honour my masculine energy
- I choose to stand in my light
- I choose to stand in my right
- I choose to allow myself to be seen
- I choose to have fun and laugh a lot
- I choose to respect my boundaries
- I choose to follow my intuition
- I choose to radiate and receive love
- I choose to allow myself to be me
- I choose to allow others to be themselves
- I choose to embrace possibilities
- I choose to be flexible
- I choose to be of service
- I choose to create strong and meaningful connections
- I choose to be vulnerable
- I choose to empower others
- I choose to meditate
- I choose to ask for what I need and desire
- I choose to remain open to finding the answers and resources I need
- I choose to be at peace with the world
- I choose to allow abundance to come easily to me in every aspect of my life
- I choose to believe
- I choose to have faith
- I choose to have the highest and purest of intentions without attachments
- I choose to appreciate
- I choose to feel worthy
- I choose to be happy
- I choose to be authentic
- I choose to be creative
- I choose to surrender
- I choose to be in the flow
- I choose to live in the present moment
- I choose to love myself
- I choose to make healthy choices
- I choose to listen, to speak and to see with my heart
- I choose to be grateful
- I choose from a space of love over fear